



Arcola Breakfast Menu December 2020



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|---------------------------------|
| *Menus subject to change without notice* | | | | |
| All meals will come with a daily selection of fruit cup & 4oz fruit juice. | | | | |
| 7 Strawberry Cream Cheese Bagel 1% Milk | 8 Whole Grain Benefit Bar 1% Milk | 9 Strawberry Yogurt w/ Graham Crackers 1% Milk | 10 Apple Cinnamon Muffin 1% Milk | 11 Cereal Cup 1% Milk |
| 14 Cinnamon Cream Cheese Bagel 1% Milk | 15 Golden Grahams Cereal Bar 1% Milk | 16 Raspberry Yogurt w/ Graham Crackers 1% Milk | 17 Blueberry Muffin 1% Milk | 18 Cereal Cup 1% Milk |
| 21 Strawberry Cream Cheese Bagel 1% Milk | 22 Whole Grain Benefit Bar 1% Milk | 23 Vanilla Yogurt w/ Graham Crackers 1% Milk | 24 NO SCHOOL | 25 NO SCHOOL |
| 28 NO SCHOOL | 29 NO SCHOOL | 30 NO SCHOOL | 31 NO SCHOOL | 1 NO SCHOOL |

No-Cost Meal Pickup is CHANGING!

Same location - DIFFERENT TIME!

Pick up is now Monday - Thursday from 4pm - 6pm only.

Please pull around the white canopy tent in a single file line and wait to speak with a cafeteria staff member.

MEAL PRICES ARE AT NO COST!!

Did you know...?
Any student can get breakfast, on any school day!
Visit our Breakfast Cart as soon as you come in & get something to fuel up for the day!

Complete meals...
consist of (4) items, with an entree, (2) fruit servings, and 8 oz. milk

For information on nutrition, applying for free or reduced meals, adding money to student accounts, next month's menus and more visit us online at:
www.methacton.org/aramark or scan this QR code!



Menus are subject to change without notice. This institution is an equal opportunity provider. For further information on our Nondiscrimination Statement, please visit: <http://www.methacton.org/Page/16336>