



Distribution Menu November 2020



Monday	Tuesday	Wednesday	Thursday	Friday
Menus subject to change without notice				
All meals will come with a daily selection of fruit & daily vegetable				
2 Bagel & Cream Cheese Turkey & Cheese	3 Whole Grain Benefit Bar Buffalo Chicken Wrap	4 Danimals Yogurt Sunbutter & Jelly	5 Banana Muffin Chicken Patty Sandwich	6 Cereal Cup Italian Sub
9 Strawberry Bagel Turkey & Cheese Sandwich	10 Whole Grain Benefit Bar Chicken Caesar Sandwich	11 Danimals Yogurt Deli Ham Sub	12 Apple Cinnamon Muffin BBQ Chicken Sandwich	13 Cereal Cup Sunbutter & Jelly Sandwich
16 Strawberry Bagel Ham & Cheese Sub	17 Whole Grain Benefit Bar Buffalo Chicken Sandwich	18 Danimals Yogurt Turkey & Cheese Sub	19 Blueberry Muffin Honey Mustard Chicken Sandwich	20 Cereal Cup Three Cheese Sandwich
23 Strawberry Bagel Turkey & Cheese Sandwich	24 Whole Grain Benefit Bar Chicken Patty Sandwich	25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL
30 Strawberry Bagel Deli Ham Sub	1 Whole Grain Benefit Bar Ranch Chicken Sandwich	2 Danimals Yogurt Turkey & Cheese Sub	3 Blueberry Muffin Chicken & Bacon Sandwich	4 Cereal Cup Sunbutter & Jelly

**FEAR NOT...
No-Cost Meal
Pickup is
STILL HERE!**

**Pick up is now
reverting back to
previous
schedule!**

**Tuesdays &
Thursdays
7am - 9am
AND
11am - 1pm**

**Please pull
around the
building to the
white canopy
tent in a single
file line and wait
to speak with a
cafeteria staff
member.**

**MEAL PRICES
ARE AT
NO COST!!**

All offerings are COMPLETE meals

Every breakfast meal will consist of: Entree, 1 cup daily fruit, & an 8oz. milk

Every lunch meal consist of: Entree, 1/2 cup daily fruit, 3/4 cup daily vegetable, & an 8oz. milk

**MEAL PRICES
ARE AT
NO COST!!**

For information on nutrition, applying for free or reduced meals, adding money to student accounts, next month's menus and more visit us online at: www.methacton.org/aramark or scan this QR code!



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